

## **COURSE SPECIFICATION DOCUMENT**

<b>Academic School/Department:</b>	Psychology
<b>Programme:</b>	Psychology
<b><i>FHEQ</i> Level:</b>	6
<b>Course Title:</b>	Psychoanalysis
<b>Course Code:</b>	PSY 6104
<b>Total Hours:</b>	160
Timetabled Hours:	45
Guided Learning Hours:	15
Independent Learning Hours:	100
<b>Credits:</b>	16 UK CATS credits 8 ECTS credits 4 US credits

### **Course Description:**

The course examines the development of psychoanalytic theory and practice from its early beginnings in turn-of-the-century Vienna to contemporary practices. Beginning with Freud's early studies in hysteria, the course reviews Freud's seminal ideas on the unconscious, sexuality and the transference; as well as Klein's contributions to child analysis and psychoanalytic theory. The work of the Neo-Freudians is also covered. In particular, the course examines Horney's pioneering model of the structure of the neuroses and Sullivan's interpersonal critique of classical psychoanalysis. Finally, the course considers the work of Fairbairn on the schizoid personality and his unique reformulations of psychoanalytic theory and method. Students will have the opportunity to do in-depth research on a psychoanalytic model of their choice and to think critically about case material. Students will also apply psychoanalytic concepts to the interpretation of films.

### **Prerequisites:**

PSY 5215 Personality, Individual Differences and Intelligence AND  
PSY 5100 Human Development

**Aims and Objectives:**

The course provides students with a historical survey of psychoanalysis that covers the development of key theoretical ideas and how they relate to psychoanalytic practice. It also offers the opportunity to examine case material from multiple psychoanalytic perspectives. Students will become familiar with the philosophical assumptions underpinning the different theoretical orientations within psychoanalysis. They will also be encouraged to apply psychoanalytic concepts to other areas of research such as developmental psychology, but also the social sciences, cultural and media studies, and the arts.

**Programme Outcomes:**

Psychology: 6A (i), 6A (iii), 6B (i), 6C (i), 6C (iv), 6D (iii)

A detailed list of the programme outcomes are found in the Programme Specification. This is located at the archive maintained by Registry and found at:

<https://www.richmond.ac.uk/programme-and-course-specifications/>

**Learning Outcomes:**

By the end of this course, successful students should be able to:

- Develop an understanding of a range of psychoanalytic theories and their impact on clinical practice.
- Appreciate the connections between theories and to be able to critically evaluate these.
- Develop an understanding of the evolution of psychoanalytic frameworks and ideas.
- Orally present a landmark psychoanalytic text in collaboration with peers
- Evaluate the strengths and limitations of the different psychoanalytic approaches to clinical practice.

**Indicative Content:**

- Classical Psychoanalysis
- Object Relations Theory
- Psychoanalysis of Children
- Cultural Psychoanalysis
- Feminist Critiques
- Interpersonal Psychoanalysis
- Contemporary Trends
- Famous Case Studies

**Assessment:**

This course conforms to the University Assessment Norms approved at Academic Board and located at: <https://www.richmond.ac.uk/university-policies/>

**Teaching Methodology:**

The course material will be covered in the following ways:

- I. Lectures on key topics
- II. Group discussions on required readings
- III. Student-Led Seminars/Presentations

- IV. Supervision meetings
- V. Emphasis on Primary Text

***Indicative Texts:***

Freud S. (1990). Case Histories 1. Penguin Freud Library, Volume 8, Harmondsworth, Middlesex. (Dora, Little Hans)

Freud, S. (1991). Case Histories 2. Penguin Freud Library, Volume 9, Harmondsworth, Middlesex. (Rat Man, Schreber, Wolf Man)

Gomez, L. (1997). An Introduction to Object Relations. London: Free Association

Hughes, J. M. (1992). Reshaping the Psychoanalytic Domain. University of California Press.

Safran, J.D. & Hunter, J. (2020). Psychoanalysis and Psychoanalytic Therapies. American Psychological Association.

See syllabus for complete reading list

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*Please Note: The core and the reference texts will be reviewed at the time of designing the semester syllabus*

Change Log for this CSD:

Major or Minor Change ?	Nature of Change	Date Approved & Approval Body (School or LTPC)	Change Actioned by Academic Registry
Major	Number of credits and pre-requisites	09.11.2021, Psychology Department	
	Various updates as part of the UG programme review	AB Jan 2022	
	Revision – annual update	May 2023	
	Total Hours Updated	April 2024	